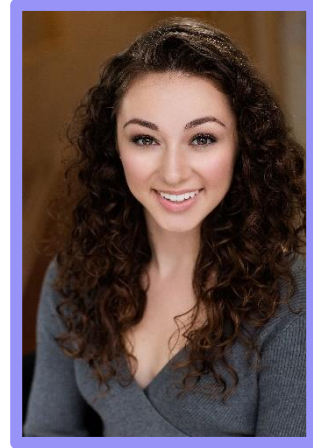


# Lauren Abel

Lauren.e.abel97@gmail.com • 850-428-0882

5'2" • Brown Hair • Brown Eyes • 115 lbs

Mezzo Soprano



## PROFESSIONAL THEATRE

<i>The Fantasticks</i>	Luisa	The Studio Theatre	Alan Bruun
Buccaneer Pirate Adventure	Spitfire Sally	Harborwalk Village	Cliff Atwell

## EDUCATIONAL THEATRE

<i>She Kills Monsters</i>	Lillith	Theatre UCF	David Reed
<i>And the World Goes 'Round</i>	Woman #2	Theatre UCF	Mayme Paul
<i>Bernarda Alba</i> (musical)	Young Maid	Theatre UCF	Julia Listengarten
<i>Puddin' and the Grumble</i>	Spokane	Theatre UCF	Julie Woods-Robinson
<i>Young Frankenstein</i>	Ensemble	Theatre UCF	Christopher Niess
<i>Of Thee I Sing</i>	Ensemble	Theatre UCF	Mark Brotherton
<i>The 25<sup>th</sup>...Spelling Bee</i>	Olive Ostrovsky	Ft. Walton Beach Players	Christa Whittaker
<i>The Crucible</i>	Mary Warren	Ft. Walton Beach Players	Christa Whittaker
<i>Hairspray</i>	Tammy	Ft. Walton Beach Players	Christa Whittaker
<i>Thoroughly Modern Millie</i>	Miss Dorothy	Ft. Walton Beach Players	Christa Whittaker

## TRAINING

BFA in Musical Theatre – University of Central Florida (Class of 2019)

Acting: David Reed, Kate Ingram, Belinda Boyd, Christa Whittaker, James Brown, Earl Weaver

Voice: Tom Baroco, Xiaolun Chen, Dr. Steven Chicurel-Stein

Dance: Judi Siegfried (ballet), Mayme Paul (tap and jazz), Katrina Judy (modern)

Movement: Christopher Niess, David Reed

## SPECIAL SKILLS

Gymnastics/Tumbling (competed at state level for 11 years), Dance (ballet, jazz, modern, tap), Partner Acrobatics, Great with Children and Pets, Short Form Improvisation, Tongue Clover, I Can Talk with my Mouth Closed!